

# Central Jersey College Prep

November 2017  
Breakfast Menu

# The Main Event

Monday      Tuesday      Wednesday      Thursday      Friday

## Get a Healthy Start to Your Day with School Breakfast!

Did you know, if you are approved for free or reduced lunch, you are also eligible for breakfast!

Student Breakfast

**\$1.75**

Adult Breakfast

**\$2.25**

Reduced Breakfast

**\$0.30**



Connect with us!



### Questions or Concerns?

Please Visit [www.MaschioFood.com](http://www.MaschioFood.com)  
Or Call Maschio's Food Services at:  
732-302-9991 Ext 107

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|---|--|--|--|
|  <p><b>Try to fill at least half your plate with fruits and vegetables!</b></p> | <p><b>1</b><br/>Mini Cinnis<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>          | <p><b>2</b><br/>Breakfast Ring<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p> | <p><b>3</b><br/>Assorted Cereal Bags<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p> |
| <p><b>6</b><br/>Egg and Cheese on a Bun<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>   | <p><b>7</b><br/>Pancakes or Waffles<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>  | <p><b>8</b><br/>Mini Cinnis<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>    | <p><b>9</b><br/>Breakfast Ring<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>       |
| <p><b>13</b><br/>Egg and Cheese on a Bun<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>  | <p><b>14</b><br/>Pancakes or Waffles<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p> | <p><b>15</b><br/>Mini Cinnis<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>   | <p><b>16</b><br/>Breakfast Ring<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>      |
| <p><b>20</b><br/>Egg and Cheese on a Bun<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>  | <p><b>21</b><br/>Pancakes or Waffles<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p> | <p><b>22</b><br/>School Closed</p>   | <p><b>23</b><br/>School Closed</p>   |
| <p><b>27</b><br/>Egg and Cheese on a Bun<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>  | <p><b>28</b><br/>Pancakes or Waffles<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p> | <p><b>29</b><br/>Mini Cinnis<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>   | <p><b>30</b><br/>Breakfast Ring<br/>Chilled Fruit<br/>100% Juice<br/>Milk Selection</p>      |
| <p><b>24</b></p>  <p><b>Happy Thanksgiving!</b></p>                           |  |  |  |

Please Visit: [www.maschiofood.com](http://www.maschiofood.com)



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